

# HOW TO USE TRUBLUE IQ+ CATCH-AND-HOLD MODE

Watch this  
quick video  
to get started!



1. Clip in.
2. Tap the base button to activate. The blue light will begin to pulse.

*If Catch-and-Hold Mode is not active, it is still safe to climb.  
The TRUBLUE iQ+ will work the same as a normal auto belay.*

3. If you fall, Catch-and-Hold Mode will catch you immediately and hold you on the wall for 15-30 seconds.
4. You can resume climbing at any time.
5. To lower, press the summit button or sit back and wait for the timer to expire.